



PE and Sports Extra Curricular clubs.

3pm – 4pm

Day	Activity	Years	Location	Staff
<b>Monday</b> <b>(3pm-4pm)</b>	<b>Gymnastics</b>	<b>All</b>	<b>Hird Studio</b>	<b>DHR</b>
	<b>Rugby (Girls)</b>	<b>7 &amp; 8</b>	<b>Field</b>	<b>Coach (see DHR)</b>
	<b>Hockey</b>	<b>All</b>	<b>Astro</b>	<b>MBL/KWA</b>
	<b>Rugby</b>	<b>All</b>	<b>Field</b>	<b>PHI &amp; Coach</b>
	<b>Basketball (Girls)</b>	<b>All</b>	<b>Sports Hall</b>	<b>NHA</b>
	<b>Gold D of E</b>	<b>6<sup>TH</sup> Form</b>	<b>Refectory</b>	<b>GSI &amp; team</b>
	<b>Dance – week 2</b>	<b>KS4</b>	<b>Sirett Studio</b>	<b>EHZ</b>
<b>Tuesday</b>	<b>Basketball (Girls)</b>	<b>All</b>	<b>Sports Hall</b>	<b>DHR</b>
<b>Lunchtime</b>	<b>Dance</b>	<b>10 &amp; 11</b>	<b>Sirett Studio</b>	<b>EHZ</b>
<b>Tuesday</b> <b>(3pm-4pm)</b>	<b>Swimming</b>	<b>7 &amp; 8</b>	<b>Swimming pool</b>	<b>JMU</b>
	<b>S Hall Athletics</b>	<b>7, 8 &amp; 9</b>	<b>Sports Hall</b>	<b>PHI</b>
	<b>Volleyball</b>	<b>All</b>	<b>Sports Hall</b>	<b>PHI</b>
	<b>Dancefit</b>	<b>All</b>	<b>Sirett Studio</b>	<b>NHA</b>
<b>Wednesday</b> <b>Lunchtime</b>	<b>Basketball (Girls) – Week 2 only</b>	<b>7, 8 &amp; 9</b>	<b>Sports hall</b>	<b>DHR</b>
<b>Wednesday</b> <b>(3pm-4pm)</b>	<b>Basketball (Boys)</b>	<b>All</b>	<b>Sports hall</b>	<b>ARI/PSA/PHI</b>
	<b>Bronze D of E</b>	<b>10</b>	<b>Refectory</b>	<b>GSI &amp; team</b>
	<b>Girls Football</b>	<b>All</b>	<b>Astro</b>	<b>ECA</b>
	<b>Netball</b>	<b>Fixtures</b>	<b>MUGA</b>	<b>KWA/AMR/DHR</b>
<b>Thursday</b> <b>Lunchtime</b>	<b>Badminton</b>	<b>7, 8 &amp; 9</b>	<b>Sports hall</b>	<b>KWA</b>
<b>Thursday</b> <b>(3pm-4pm)</b>	<b>Dance – week 1</b>	<b>BTEC</b>	<b>Sirett Studio</b>	<b>EHZ</b>
	<b>Football (Boys)</b>	<b>All</b>	<b>Field/Astro</b>	<b>PHI/SJO/SKE</b>
	<b>Netball</b>	<b>All</b>	<b>Sports hall/MUGA</b>	<b>DHR/KWA/AMR/NHA</b>
	<b>Silver D of E</b>	<b>11</b>	<b>Refectory</b>	<b>GSI &amp; team</b>
<b>Friday</b> <b>Lunchtime</b>	<b>Badminton</b>	<b>KS4</b>	<b>Sports hall</b>	<b>KWA</b>
<b>Friday</b> <b>(3pm-4pm)</b>	<b>Dance</b>	<b>KS3</b>	<b>Sirett Studio</b>	<b>EHZ</b>
	<b>Football (boys)</b>	<b>11</b>	<b>Astro</b>	<b>JMI</b>
	<b>Football (girls)</b>	<b>All</b>	<b>Astro</b>	<b>NHA</b>
	<b>Running Club</b>	<b>All</b>	<b>Meet @ Sirett</b>	<b>AMR</b>