



# NESTON HIGH SCHOOL

PE & Sports Clubs 3pm-4pm unless otherwise stated.

| <b>Monday</b> | <b>Activity</b>       | <b>Year Group</b>    | <b>Location</b> | <b>Staff</b> |
|---------------|-----------------------|----------------------|-----------------|--------------|
|               | Hockey (Girls/Boys)   | All                  | Astro           | MBL/KWA      |
|               | Rugby                 | All                  | Field           | DHR & Coach  |
|               | Handball (Girls/Boys) | All                  | Sports Hall     | ECA          |
|               | D of E (Gold)         | 6 <sup>th</sup> Form | Refectory       | GSI & Team   |



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| <b>Tuesday</b> | <b>Activity</b>    | <b>Year Group</b> | <b>Location</b> | <b>Staff</b> |
|----------------|--------------------|-------------------|-----------------|--------------|
|                | Basketball (Girls) | All               | Sports Hall     | PHI          |
|                | Swimming           | 7 & 8             | Swimming Pool   | JMU          |





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| <b>Wednesday</b> | <b>Activity</b>      | <b>Year Group</b> | <b>Location</b> | <b>Staff</b> |
|------------------|----------------------|-------------------|-----------------|--------------|
|                  | Basketball           | All               | Sports Hall     | ARI & PHI    |
|                  | D of E (Bronze)      | 10                | Refectory       | GSI & Team   |
|                  | Football (Girls)     | All               | Astro           | ECA          |
|                  | Gymnastics           | All               | Hird Studio     | KWA          |
|                  | Fitness Suite (Boys) | All               | Fitness Studio  | PSA          |





| <b>Thursday</b> | <b>Activity</b>       | <b>Year Group</b> | <b>Location</b>  | <b>Staff</b> |
|-----------------|-----------------------|-------------------|------------------|--------------|
|                 | Dance KS4             | KS4               | Sirett Studio    | VWI          |
|                 | Football (Boys)       | All               | Field/Astro      | SKE & Staff  |
|                 | Netball               | All               | Sports Hall/MUGA | DHR/KWA/JTR  |
|                 | D of E (Silver)       | 11                | Refectory        | GSI & Team   |
|                 | Badminton (Lunchtime) | All               | Sports Hall      | KWA          |



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| <b>Friday</b> | <b>Activity</b>       | <b>Year Group</b> | <b>Location</b> | <b>Staff</b> |
|---------------|-----------------------|-------------------|-----------------|--------------|
|               | Dance (KS3)           | KS4               | Sirett Studio   | VWI          |
|               | Fitness Suite (Girls) | All               | Fitness Suite   | DHR          |

